

**AGENDA ITEM**

**REPORT TO HEALTH AND WELLBEING BOARD**

**25 January 2023**

**REPORT OF Tees, Esk and Wear Valley NHS Trust, and Catalyst Stockton-on-Tees**

**MENTAL HEALTH TRANSFORMATION update**

**SUMMARY**

This report updates the board on progress of the Mental Health Transformation project for Stockton-on-Tees.

**RECOMMENDATION**

The report recommends for the Board to:

1. Note progress of the Mental Health Transformation Project in establishing a well-being hub in the borough.
2. Suggest possible locations for a Community Well-Being Hub in Stockton Town Centre

**DETAIL**

3. A working group has been meeting for over a year to oversee the development of a well being hub in Stockton. The Health and Well Being Board received a presentation about this at the end of 2021. The working group includes colleagues from the Council, TEWV, Catalyst, Mind, CGL and others.
4. The initiative stems partly from a Healthwatch Stockton report which recommended a more integrated approach to the delivery of mental health services, and partly from Government thinking about joining-up mental health services.
5. The aims of the project include enabling organisations to work together more closely, thereby gaining a more rounded appreciation of the needs of individuals experiencing mental ill-health, to avoid duplication, and to extend the range of services which are able to provide services for the client group.
6. To date, a virtual hub exists in which colleagues from the Council, TEWV, Catalyst and others meet weekly to consider the needs of individuals.

7. At present work is underway to identify a premise for a physical hub in Stockton town centre. One reasons for locating the hub in the town centre will be that people are able to walk in off the street to interact with service providers.
8. In October Sarah Jones started work as Community Well Being Hub Project Manager, employed by Catalyst. Sarah's role in the first instance is to map the VCSE organisations providing mental health – related services in Stockton-on-Tees, and then to identify opportunities for closer working, and for linking them to the core / assessment services in the hub. This should increase significantly the number of referrals from the hub to VCSE organisations.
9. In July 2022 Catalyst and TEWV facilitated a VCSE workshop on mental health issues, which was attended by about 40 people, mainly from the VCSE sector. The overwhelming mood of the workshop was strong positivity towards the concept of a hub and spoke model.
10. The workshop also led to the establishment of a VCSE mental health forum, which has since met twice, chaired by Emma Howitt, CEO of Middlesbrough and Stockton MIND.
11. A further outcome of the workshop was the creation of a lived experience forum, at which users of mental health services have been able to interact with service providers and offer feedback.
12. The mental health forum and the lived experience forum both have direct reporting lines into the Integrated Mental Health Steering Group.
13. A presentation giving more detail and the opportunity for questions will be given at the meeting.

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